**Electronic Supplementary Material 1**

**ESM 1** Main and interactive Effects of time pressure, time autonomy and digital collaboration on job-to-home spillover

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| --- | --- | --- | --- | --- |
|  |  |  | 90% CI | |
| Variables | Coeff | *SE* | LL | UL |
| constant | -3,7905 | 2,7814 | -8,4070 | ,8260 |
| Time pressure | 2,5497 | ,9402 | ,9892 | 4,1102 |
| Time autonomy | 1,3721 | ,6846 | ,2358 | 2,5083 |
| Int\_1 | -,5718 | ,2369 | -,9650 | -,1786 |
| Digital collaboration | ,1221 | ,0412 | ,0537 | ,1905 |
| Int\_2 | -,0375 | ,0135 | -,0599 | -,0151 |
| Int\_3 | -,0318 | ,0099 | -,0482 | -,0153 |
| Int\_4 | ,0101 | ,0033 | ,0046 | ,0157 |

*Note. N* = 111; bootstrap sample size = 10,000. DV = dependent variable; 90 % CI = confidence interval; LL = lower limit; UL = upper limit. Int\_1 = Time pressure x Time autonomy; Int\_2: pressure x Digital collaboration; Int\_3 = Time autonomy x Digital collaboration; Int\_4 = Time pressure x Time autonomy x Digital collaboration