Online Resource 1: Simple slopes and conditional (instantaneous) indirect effects

|  | Simple slopes | Conditional (instantaneous) indirect effects |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Outcome: Burnout |  | Outcome: Work satisfaction |  |
|  |  | Estimates | BC 95\% CI | Estimates | BC 95\% CI |
| Work demand: Task Complexity (TC) |  |  |  |  |  |
| TC ${ }^{2}$--> Challenge |  |  |  |  |  |
| Low TC | .761*** (.080) | -. 043 | [-.112, .018] | .122* | [.049, .215] |
| Mean TC | .461*** (.042) | -. 026 | [-.067, .011] | .074* | [.029, .128] |
| High TC | . 161 (.085) | -. 009 | [-.037, .002] | .026* | [.002, .073] |
| TC*Control --> Hindrance |  |  |  |  |  |
| Low Control | . 380 *** (.071) | .101* | [.060, .153] | -.043* | [-.088, -.013] |
| Mean Control | .232*** (.049) | .064* | [.036, .099] | -.026* | [-.054, -.008] |
| High Control | . 084 (.062) | . 026 | [-.008, .064] | -. 010 | [-.032, .003] |
| Work demand: Interruptions (INT) |  |  |  |  |  |
| INT ${ }^{2 *}$ Control --> Challenge |  |  |  |  |  |
| Low INT and Low Control | .344** (.130) | -.043* | [-.105, -.011] | .033* | [.005, .085] |
| Mean INT and Low Control | . 016 (.061) | -. 002 | [-.019, .015] | . 002 | [-.010, .017] |
| High INT and Low Control | -.312* (.129) | .039* | [.007, .097] | -.029* | [-.077, -.004] |
| Low INT and Mean Control | . 185 (.117) | -. 023 | [-.068, .002] | . 018 | [-.001, .058] |
| Mean INT and Mean Control | . 049 (.049) | -. 006 | [-.022, .005] | . 005 | [-.003, .019] |
| High INT and Mean Control | -. 088 (.097) | . 011 | [-.011, .046] | -. 008 | [-.037, .007] |
| Low INT and High Control | . 026 (.191) | -. 003 | [-.058, .046] | . 003 | [-.031, .048] |
| Mean INT and High Control | . 081 (.072) | -. 010 | [-.033, .007] | . 008 | [-.004, .028] |
| High INT and High Control | . 137 (.145) | -. 017 | [-.063, .017] | . 013 | [-.011, .052] |
| Work demand ${ }^{2 * S u p p o r t-\gg \text { Hindrance }}$ |  |  |  |  |  |
| Low INT and Low Support | .871*** (.073) | .179* | [.093, .275] | -.097* | [-.178, -.020] |
| Mean INT and Low Support | .607*** (.037) | .125* | [.065, .190] | -.068* | [-.124, -.014] |
| High INT and Low Support | . $344 * * *$ (.084) | .071* | [.030, .132] | -.038* | [-.085, -.009] |
| Low INT and Mean Support | . $715{ }^{* * * *(.069)}$ | .147* | [.073, .231] | -.080* | [-.147, -.017] |
| Mean INT and Mean Support | . 560 *** (.033) | .115* | [.061, .177] | -.062* | [-.114, -.013] |
| High INT and Mean Support | . $405 * * *(.072)$ | .083* | [.042, .141] | -.045* | [-.093, -.012] |
| Low INT and High Support | . $559 * * *$ (.103) | .115* | [.051, .203] | -.062* | [-.126, -.013] |
| Mean INT and High Support | . $512 * * *(.048)$ | .105* | [.055, .166] | -.057* | [-.106, -.012] |
| High INT and High Support | . 466 *** (.104) | .096* | [.046, .172] | -.051* | [-.111, -.014] |
| INT*Control --> Hindrance |  |  |  |  |  |
| Low Control | .636*** (.045) | .131* | [.068, .204] | -.071* | [-.129, -.015] |
| Mean Control | . 560 *** (.033) | .115* | [.061, .177] | -.062* | [-.114, -.013] |
| High Control | .483*** (.049) | .099* | [.053, .157] | -.054* | [-.101, -.012] |
| Work demand: Responsibility (RES) |  |  |  |  |  |
| $R E S^{2}$--> Challenge |  |  |  |  |  |
| Low RES | .633*** (.056) | -.097* | [-.160, -.043] | .097* | [.038, .163] |
| Mean RES | . 380 *** (.045) | -.058* | [-.100, -.026] | .058* | [.022, .103] |
|  | . 126 (.090) | -. 019 | [-.061, .006] | . 018 | [-.006, .063] |
| RES*Control --> Hindrance |  |  |  |  |  |
| Low Control | . $372 * * *(.067)$ | .101* | [.060, .159] | -.055* | [-.092, -.026] |
| Mean Control | . 240 *** (.049) | .065* | [.036, .104] | -.035* | [-.062, -.016] |
| High Control | . 108 (.072) | . 029 | [-.007, .074] | -. 015 | [-.046, .003] |
| Work demand: Time Pressure (TP) |  |  |  |  |  |
| TP ${ }^{2}$ Support --> Challenge |  |  |  |  |  |
| Low TP and Low Support | . 073 (.093) | -. 007 | [-.038, .010] | . 010 | [-.015, .045] |
| Mean TP and Low Support | . 076 (.072) | -. 007 | [-.028, .004] | . 010 | [-.006, .037] |
| High TP and Low Support | . 078 (.152) | -. 007 | [-.049, .019] | . 010 | [-.026, .064] |
| Low TP and Mean Support | .220** (.067) | -.020* | [-.050, -.002] | .030* | [.010, .063] |
| Mean TP and Mean Support | . 053 (.049) | -. 005 | [-.018, .003] | . 007 | [-.004, .026] |
| High TP and Mean Support | -. 115 (.104) | . 010 | [-.007, .043] | -. 015 | [-.052, .010] |
| Low TP and High Support | . $367 * * *(.083)$ | -.033* | [-.078, -.005] | .049* | [.018, .100] |
| Mean TP and High Support | . 030 (.076) | -. 003 | [-.022, .010] | . 004 | [-.014, .031] |
| High TP and High Support | -.308* (.154) | . 028 | [.000, .090] | -.041* | [-.114, -.004] |
| $T P *$ Support --> Hindrance |  |  |  |  |  |
| Low Support | . 520 *** (.050) | .151* | [.101, .213] | -.053* | [-.101, -.004] |
| Mean Support | . 588 *** (.036) | .171* | [.115, .234] | -.060* | [-.113, -.005] |
| High Support | .657*** (.048) | .191* | [.125, .266] | -.067* | [-.127, -.005] |

Note: Low = values one SD below the mean; mean = values at the mean; high = values one SD above the mean. CI = confidence interval. BC $=$ bias corrected. Standard errors in parentheses. ${ }^{* * *} \mathrm{p}<.001 ; * * \mathrm{p}<.01 ; * \mathrm{p}<.05$. Asterisks beside the estimates of the indirect effects indicate that the 95 percent CI does not include 0

