Mutual Shaping in the Design & Use of Socially Assistive Robots: A Case Study on Social Robots for Therapy

International Journal of Social Robotics

Katie Winkle (k.winkle@bristol.ac.uk)*, Praminda Caleb-Solly*, Ailie Turton^ & Paul Bremner*

*Bristol Robotics Laboratory, UK ^Allied Health Professions, University of the West of England, UK

Electronic Supplementary Material 2: Focus Group Topic Guide

Before the Focus	Information sheet		
Group Session	Consent form		
	Demographics/therapist information collection		
	Acceptance measure		
Focus Group	Welcome & Introduction [5 mins]		
[Approx 1 hr]	Welcome and explain that 'we are going to start the focus group by discussing some aspects of therapy that I am interested in. Later we will take a break I will talk a bit more about the work I am doing but I want to get your views on a few things before we talk too much about that'. Housekeeping:		
	 Collect signed consent forms 	Collect signed consent forms	
	Name labels		
	 Make participants aware when turning on audio equipment (and hence withdrawal issue) 		
	Pre-Demo Discussion [30 mins]		
	Topic Guide:		
	Round the group introductions	• Round the group introductions – name and area(s) worked in/typical	
	service user(s) worked with		
	• [Expert establishment] 'What are your main goals when working with service users?'		
	[Robot images on screen] Use of robots in supporting a therapy		
	program – 'What do you think about using robots to support a therapy program? How do you think that robots might be able to do that?'		
	 Self-practice as part of a therapy regime – 'Do you prescribe self-directed exercises/tasks for your service users to complete at home? What might these be? What is the importance of such exercises?' Reporting of self-practice – 'Do you ask service users to report back or keep a record of self-practice? Do you think this is accurate?' Engagement and motivation – 'How do you monitor service users' engagement? Do you often find yourself trying to motivate service 		
	users? How might you try to do that?'		
	• [Post it note exercise] Factors affecting compliance with self-practice – 'What kind of factors do you think affect service users' compliance with self-practice exercises? The literature suggests (on screen) Use the post it notes to rank these, as well as come up with any additional factors you can think of.'		
	Project Presentation & Demo [20 mins]		
	[1] Exercise Based	[2] Task Based	
	Pepper guides user through	Pepper prompts user through a	
	repetitions of a simple arm exercise.	sequence based task e.g. making a	
		cup of tea or preparing a microwave ready meal.	

Post-Demo Discussion [10 mins]	
Topic Guide:	
 Demo feedback – 'Firstly I would like to get your feedback on the demos – these are really my first attempt at what a robot coach might look like. What do you think? How would you have done it differently?' Revisit use of robots in supporting a therapy program – 'Now that you have seen the demonstrations, I'd like to discuss again your thoughts on using robots in therapy and how that might be beneficial. What would a robot aid look like, how could it help? Useful data that could be collected by the robot for use by the therapist – 'Using a robot as well as other sensor systems it is possible to collect a huge range of data from the service user. Thinking about the measures you might use to monitor service user progress, what information is likely to be most useful to you?' 	
Thank you/Debrief	
Housekeeping:	
Acceptance measure	